

DIALOGUES ON SPIRITUALITY AND PSYCHOTHERAPY

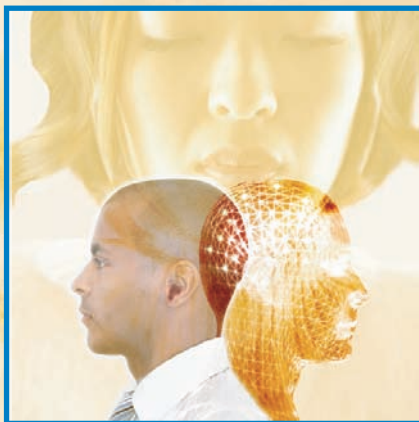
A series of evening dialogues, co-sponsored by the newly formed **Institute for Spirituality and Psychology** and **Spirit Rock Meditation Center**, that explores the importance and timeliness of addressing the interface of spirituality and psychotherapy.

Thursday, September 22, 7:15 - 9:30 pm

THE SACRED ART OF HEALING EAST AND WEST

Jack Kornfield, PhD and Frances Vaughan, PhD

Jack Kornfield will base his presentation on a book in progress on Buddhism and psychology. Frances Vaughan is a psychologist and a pioneer in the field of transpersonal psychology. She has taught and practiced psychotherapy and meditation for more than 30 years. Her focus will be on deepening mutual respect, collaboration and understanding between teachers, therapists and practitioners.



Wednesday, October 12, 7:15 - 9:30 pm

CRISES OF SPIRITUAL AWAKENING: JUNGIAN AND TRANSPERSONAL PERSPECTIVES

Bryan Wittine, PhD and David Lukoff, PhD

Spiritual awakening offers a direct challenge to the primacy of ego consciousness and the myth of separation. Such a challenge can produce confusion and unbalance. Warnings about perils on the path occur in most traditions. Ego-inflation as well as deflation are examples of how spiritual awakening can go awry. We will discuss how to recognize and work with a client integrating a spiritual crisis.

Wednesday, November 9, 7:15 - 9:30 pm

MIND BODY-SPIRIT PRACTICES AND PSYCHOTHERAPY

Richard Miller, PhD and Richard A. Heckler, PhD

Buddha instructed students to, "Observe the body in the body; the breath in the breath." Authentic spiritual practice and effective psychotherapy reveal that it is the body, not the mind that discloses the truths that lead to spiritual understanding and psychological change. This didactic and experiential presentation examines somatic approaches to psychotherapy that embrace central practices inherent to Buddhism and Nondual Yoga.

\$25 for an evening | \$60 Fall or Spring series of 3 evenings

Talks will be given at Spirit Rock Meditation Center
Woodacre, CA

For more information or to register online: www.spiritrock.org

CE hours are available for psychologists, MFTs, LCSWs, and nurses through the co-sponsorship of the Spiritual Competency Resource Center. For information www.spiritualcompetency.com or contact David Lukoff, PhD at (888) 880 2870. Administrative cost is \$15 for a series or an individual presentation.